



**Laura (Beatty) Bullock '90** was a three-sport star at GHS, lettering in basketball, track & field and volleyball. In basketball Laura was named to the Mercer County Athletic Conference (MCAC) first team her junior and senior seasons. She maintained the highest free throw and field goal percentages, led the team in steals in her senior year and won the extra effort award as a junior.

In track & field Laura specialized in the hurdles and javelin qualifying for districts in those events. She was the Most Valuable Track Athlete in 1989 and won the Reames Memorial Award in 1990.

Laura's signature sport was volleyball, where she earned four letters playing under legendary coach Faith Ann Miller. Her 96.1% serving percentage and 49.6% kill percentage were records at GHS. Individual honors Laura achieved included:

- \*Farrell Tournament All-Tournament Team – 1987
  - \*MCAC 1<sup>st</sup> Team All-Conference – 1987, 1988, 1989
  - \*District 10 1<sup>st</sup> Team - 1987, 1988, 1989
  - \*PA Volleyball Coaches Association (PVCA) All-State Volleyball Team – 1988, 1989
  - \*Selected for the PVCA East-West All-Star Match – 1990
  - \*MCAC All-Star Volleyball Team Northern Division MVP – 1989
  - \*Selected as member of the Great Lakes Region Scholastic Division Girls Volleyball Team to compete in the 1989 Keystone State Games
  - \*Played for Willow Pond Junior Olympic Volleyball Team (Tarentum, PA) representing Western PA at the Junior Olympic Championships in Fort Collins, CO (1988) and Toledo, OH (1989)
- Earned the McInturf Memorial Award as the top GHS female athlete – 1990

Following high school Laura competed collegiately at Edinboro University of Pennsylvania (1990-1992). During her time with the team, the Lady Scots traveled to Europe to compete against collegiate and club teams. As a freshman Laura led the team as a setter to a record of 33-4. Edinboro's record during her career was 89-14. Honors achieved while at Edinboro included:

- All Pennsylvania State Athletic Conference (PSAC) 1<sup>st</sup> Team – 1990, 1991
- American Volleyball Coaches Association All Atlantic 1<sup>st</sup> Team – 1991, 1992
- All American Nomination – 1990
- Pre-Season All American Nomination – 1992
- PSAC Western Division Player of the Week

Laura graduated from Edinboro in 2004 with a BS in Health and Physical Education. She went on to earn a Masters Degree in Exercise Science from California University of Pennsylvania and is currently a health and physical education teacher at Cambridge Springs Elementary School.

Laura coached volleyball at all levels at three school districts and relates, "I enjoy teaching youth how to balance their physical, mental, and social wellness so they can develop healthy habits to last a lifetime." She helped author a \$4 million grant to promote health and wellness to students by providing fitness centers in six schools and professional development for educators. She also implemented programs at Cambridge Springs to empower girls to improve self-confidence and self-worth, as well as encourage wellness. She's written and received several Highmark Health and Wellness grants to implement non-traditional physical education activities into curricula such as cross-country skiing, roller blading and cardio machines.

Laura continued playing volleyball in co-ed leagues/tournaments, as well as competitive sand volleyball tournaments for over 15 years post collegiate play. She was named to the Edinboro University of Pennsylvania Sesquicentennial Women's Volleyball All-Time Best Team. She now lives in Cambridge Springs with her husband, Neil and two daughters, Audrey and Bridget.